



## Orindawoods Tennis Club Spring 2023 Junior Tennis Program

### After-school Sessions Monday through Thursday, February 21st through May 18th

The Orindawoods Tennis Club's Spring 2023 Junior Tennis Program runs from Tuesday, February 21st through Thursday, May 18th and offers a variety of after-school junior tennis clinics during Monday, Tuesday, Wednesday, and Thursday sessions, all of which are led by Head Pro Erik Oehlschlager. Clinics are grouped by the following grade school designations:

- Transitional Kindergarteners and Kindergarteners (TK & K);
- First and Second Graders (1st & 2nd);
- Third through Fifth Graders (3rd - 5th);
- Sixth through Ninth Graders (6th - 9th); and
- High School Tennis Team players.

Our program utilizes the USTA's Junior Development Program, which uses Red, Orange, and Green tennis balls to promote quicker stroke development and ball tracking skills, allowing players to ascend from learning basic strokes to rallying to point-play.

Spring 2023 clinic costs and times for all groups are summarized below in Table 1. Level descriptions of the clinics follows Table 2, which shows the daily schedule for the Spring 2023 program.

**TABLE 1. SPRING 2023 JR. TENNIS PROGRAM AFTERSCHOOL SESSIONS AND COSTS**

CLINIC GROUPS AND TIMES	CLINIC DAYS AND COSTS				
	MONDAYS	TEUSDAYS	WEDNESDAYS	THURSDAYS	MON,TUE,THU
<b>TK &amp; K</b> 2:30 - 3:15 PM	RED \$150 (\$15 NMF) 4 SPACES	RED \$180 (\$15 NMF) 4 SPACES	RED \$180 (\$15 NMF) 4 SPACES	RED \$180 (\$15 NMF) 4 SPACES	
<b>1ST &amp; 2ND</b> 3:15 - 4:00 PM	ORANGE \$150 (\$15 NMF) 6 SPACES	ORANGE \$180 (\$15 NMF) 6 SPACES	ORANGE \$180 (\$15 NMF) 6 SPACES	ORANGE \$180 (\$15 NMF) 6 SPACES	
<b>3RD - 5TH</b> 4:00 - 5:00 PM	ORANGE \$200 (\$15 NMF) 8 SPACES	ORANGE \$240 (\$15 NMF) 8 SPACES		ORANGE \$240 (\$15 NMF) 8 SPACES	
	GREEN \$200 (\$15 NMF) BY INVITATION	GREEN \$240 (\$15 NMF) BY INVITATION		GREEN \$240 (\$15 NMF) BY INVITATION	GREEN \$510 (\$30 NMF) BY INVITATION
<b>6TH - 9TH</b> 5:00 - 6:00 PM	GREEN \$200 (\$15 NMF) (8 SPACES)	GREEN \$240 (\$15 NMF) 8 SPACES		GREEN \$240 (\$15 NMF) 8 SPACES	
	YELLOW \$200 (\$15 NMF) BY INVITATION	YELLOW \$240 (\$15 NMF) BY INVITATION		YELLOW \$240 (\$15 NMF) BY INVITATION	YELLOW \$510 (\$30 NMF) BY INVITATION
<b>HIGH SCHOOL TEAM</b> 4:00 - 6:00 PM			YELLOW \$360 (\$30 NMF) 8 SPACES		

NMF = NON-MEMBER FEE



**TABLE 2. SPRING 2023 JR. TENNIS PROGRAM SCHEDULE**

FEBRUARY							MARCH							APRIL							MAY						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4				1	2	3	4							1		1	2	3	4	5	6
5	6	7	8	9	10	11	5	6	7	8	9	10	11	2	3	4	5	6	7	8	7	8	9	10	11	12	13
12	13	14	15	16	17	18	12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20
19	20	21	22	23	24	25	19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27
26	27	28					26	27	28	29	30	31	23	24	25	26	27	28	29	28	29	30	31				
													30														

**CLINIC DESCRIPTIONS**

**TK & K Lil' Ones Red** ball clinics are for children who have turned 5 years old after September 2, 2022, and are open to all levels. The goal of these clinics is to develop hand-eye coordination and racquet control so that students can start contacting the ball using basic service and groundstroke mechanics.

**1st & 2nd / 3rd - 5th Future Stars Orange** and **6th - 9th Tennis Development Green** ball clinics are open to all levels. The goal of these clinics is to develop hand-eye coordination, racquet control, and basic service and groundstroke mechanics so that students can rally with other players.

**3rd - 5th Match-Play Training Green** and **6th - 9th Match-Play Training Yellow** ball clinics are for players who have demonstrated the ability to start points with serves and return-of-serves, track down balls with various trajectories, and keep the ball in play. The goal of these clinics is to further develop stroke mechanics, rallying, and point-play skills in order to play tennis matches.

**High School Match-Play Training Yellow** ball clinic is for High School team players or others that have gained similar match-play experience through alternative competitions. The goal of this clinic is to provide off-season all-court training to players looking to move up the ladder on their tennis teams.

**CLINIC REGISTRATION AND PAYMENT**

E-mail [erik@orindawoodstennis.com](mailto:erik@orindawoodstennis.com) to inquire about appropriate clinic levels for your child(ren) and to register for clinics. The following information is required for registration:

- Parents/Guardians - First and Last Name, E-mail, and Mobile Phone Number
- Child(ren) - First and Last Name(s), Grade Level, and Age
- Clinic(s) - Day(s) and Name(s) of Clinics you wish to register for (i.e. Mon, Wed, 1<sup>st</sup> & 2nd Future Stars Orange).
- Are you a member of Orindawoods Tennis Club?

Payment is due before the first clinic date to reserve your space in the clinic(s). Payment can be taken over the phone prior to the start of the program by e-mailing [erik@orindawoodstennis.com](mailto:erik@orindawoodstennis.com) to arrange a convenient time.